

Concerned about Classes? Covid? Racial justice? Personal issues?

# YOU ARE NOT ALONE!

Join us to TALK IT OUT; Share successes too!

When: WEDNESDAYS, 6-7 PM, starting February 24, 2021

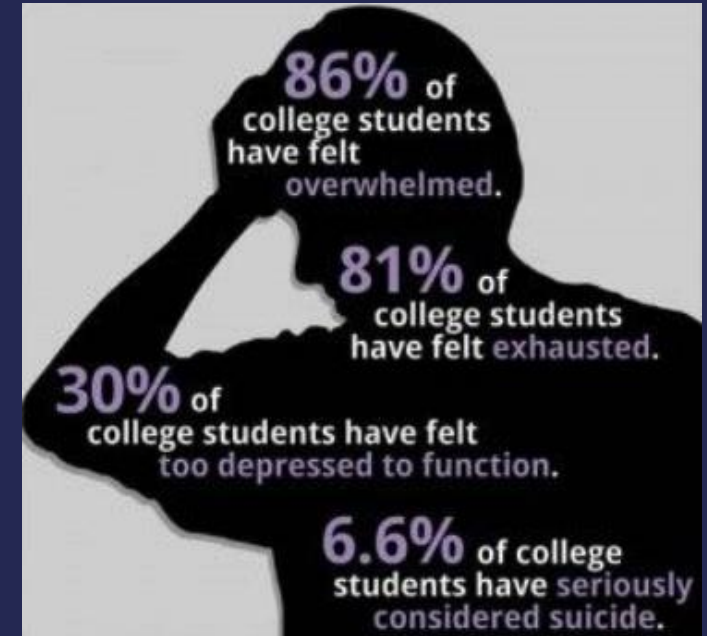
Where: ZOOM (see PAGE 2 for the LINK)

This group is FREE and STRICTLY CONFIDENTIAL



**Your mental health is an important part of your overall health.**

The World Health Organization defines health as *a state of complete physical, mental, and social wellbeing and not merely the absence of disease or infirmity.*



For more information, Call (323) 226-9042 or email [laschealthcenter@lasc.edu](mailto:laschealthcenter@lasc.edu)

This group will be lead by the Student Health Center's mental health counselors, Irma and John.



**LASC Student Health Center is inviting you to a scheduled Zoom meeting.**

Topic: **LASC Group Support**

Time: **Thursday December 3, 2020**

## **Join Zoom Meeting**

<https://us02web.zoom.us/j/85174300865?pwd=ZHEIMIFuZWpZd0x5RDZ3T0dYjNw96UT09>

**Meeting ID: 851 7430 0865**

**Passcode: 713716**

Find your local number: <https://us02web.zoom.us/j/85174300865?pwd=ZHEIMIFuZWpZd0x5RDZ3T0dYjNw96UT09>