CHICANO 004-Introduction To Chicana/o Studies (UC/CSU) - 3 Units

Requirement Designation: Meets Cal-GETC-4 or 6

Introductory study of the discipline of Chicana/o Studies. This course examines race, ethnicity and culture in the Chicano/Latino community. It considers the movements for social change which created ethnic studies programs in the United States.

Class No Component Start/End Time **Days** Instructor Room 12604 TBA ONLINE LEC 10:30 hrs/wk STAFF

No real-time meetings are required. All activities are online.

Stella

CIS 100-Practical PC and Career Technologies - 1 Unit

This is a basic course in computer literacy concepts. It provides an overview of Windows-based PCs. Basic Microsoft Windows, installing software; naming and saving files, compressing and decompressing files, downloading files, organizing files in folders, as well as protecting files will be introduced. The class will also cover how to connect to and search the Internet, and how to send e-mail with attachments. The students will assess implications of computer technology on society. Students will be introduced to college resources that assist them in entering the computer field and complete their programs successfully. In-demand careers in technologies will be discussed to boost students interest in Science, Technology, Engineering, Math, and increase their employability in the field of Computer Science.

Class No	Component	Start/End Time	Days	Instructor	Room	
12599	LEC	1:30 hrs/wk	TBA	STAFF	ONLINE	
& 12600	LAB	5:10 hrs/wk	TBA	STAFF	ONLINE	
No real-time meetings are required. All activities are online. CATCH						
12601	LEC	1:30 hrs/wk	TBA	STAFF	ONLINE	
& 12602	LEC	1:30 hrs/wk	TBA	STAFF	ONLINE	
No real-time meetings are required. All activities are online.						

Animo City of Champions

CIS 101-Introduction to Computers and Their Uses (UC/CSU) - 3 Units

Enrollment Requirement: None

Recommended: CIS 100

Introduction to Computers and Their Uses

Class No	Component	Start/End Time	Days	Instructor	Room
12582	LEC	6:50 hrs/wk	TBA	El Khoury, N R	ONLINE
& 12583	LAB	6:50 hrs/wk	TBA	El Khoury, N R	ONLINE

No real-time meetings are required. All activities are online.

HEALTH 011-Principles of Healthful Living (UC/CSU) - 3 Units

Students will learn health concepts and values with the goal of promoting a high quality of life. Topics include nutrition, physical fitness, communicable diseases and other major health problems, consumer and environmental health, human sexuality and family life, mental and emotional health, tobacco, alcohol and drugs, aging, and death and dying.

Class No	Component	Start/End Time	Days	Instructor	Room
12605	LEC	10:30 hrs/wk	TBA	STAFF	ONLINE

No real-time meetings are required. All activities are online.

Stella

HEALTH 012-Safety Education And First Aid (UC/CSU) - 3 Units

This course involves the theory and detailed demonstration of the first aid care of the injured. The course will also introduce key issues for leading a healthy lifestyle, including heart disease risk factor identification, health and safety considerations, legal issues, and injury prevention. The student will learn to assess an individual's condition and demonstrate proper treatment. Upon successful completion of requirements, students would be eligible for first aid, CPR and AED for adult, child, and infant certification.

Class No Component Start/End Time **Days** Instructor Room 12608 LEC 8:30 am - 11:00 am MTWTh STAFF SSEC 102

Stella

HISTORY 011-Political and Social History of the United States to 1877 (UC/CSU) - 3 Units

Requirement Designation: Meets Cal-GETC-3B or 4 & US1

Class No Component Start/End Time **Days** Instructor Room 12603 **STAFF** ONLINE **LEC** 10:30 hrs/wk TBA

No real-time meetings are required. All activities are online.

Psychology (CCN)

PSYC C1000-Introduction to Psychology (UC/CSU) - 3 Units

Requirement Designation: Meets Cal-GETC-4

This course is an introduction to psychology, which is the study of the mind and behavior. Students focus on theories and concepts of biological, cognitive, developmental, environmental, social, and cultural influences; their applications; and their research foundations.

Class No Component Start/End Time Days Instructor Room 12607 LEC 8:30 am - 11:00 am MTWTh STAFF SSEC 125A

Stella