Children with Disrupted Attachment (B, D, F and W Rate)
When a child had a poor attachment to their parent, it leads to all kinds of problems, because they have not learned how to regulate their emotions, they have not learned self-control, they have not learned self-reliance in a positive way. All these problems come out in every other relationship in their life. This class discusses the important role that attachment plays in the future social success of children.

Date: Tuesday, February 5, 2019
Time: 9:00am – 1:00pm
Location: SSB Room
Joni Collins

Grief & Loss (B, D, F or W Rate)
Grieving is a natural reaction to a major loss. In foster care, grieving can be experienced by everyone involved, from the birth parents, to the child, to the foster parents, and members of the foster family. Yet, this grief is often not publicly recognized or acknowledged. This course examines the stages of grief, complex grief, and the manifestations of grief and loss in children birth parents and foster parents. Also covered are strategies for helping children, birth parents, and foster families handle and appropriately express their feelings of grief and loss, as well as when to seek professional help.

Date: Tuesday, February 5, 2019
Time: 6:00pm –9:00pm – SSB230
Claudia Hernandez

Beyond Consequences Lives: (B, D, F or W Rate)
In this class, parents will learn how to connect with even the most difficult and resistant child. Defeat negative and contradictory beliefs about their child’s future. See the fear behind statements like, “You can’t make me” or “You’re not my real mom”.

Date: Thursday, Feb 7, 2019
Time: 9:00am – 1:00pm
Location: SSB Room 230
Jan Martin

Childhood Anxiety (B, D or F Rate)
Terror, Panic, Dread, we all have fears. Sometimes fears and worries can obstruct daily life, especially for foster and adoptive children. Often it is a simple fear of the dark. Perhaps it is something more complex like Panic Disorder with Agoraphobia. This course helps you understand your child’s disorder and possible root causes, and suggest other steps you as a foster parent can take.

Date: Thursday, February 7, 2019
Time: 6:00pm –9:00pm-SSB 230
Instructor: Andrea Major
Foster and Adoptive Care Situations (B, D, F or W Rate)
When children in out-of-home care cannot be safely reunited with their birth families, adoption is often the most desirable goal. Adoption provides the most stable, legally binding relationship for these children and their adoptive parents.

Date: Saturday, Feb. 9, 2019
Time: 9:00am – 1:00pm
Instructor: Carla Cavalier

Understanding Addiction, Substance Abuse Treatment and Recovery (B, D, F or W Rate)
Substance abuse is a major public health problem that affects millions of people. The use of alcohol and other drugs is a multifaceted phenomenon ranging between levels of use and corresponding dysfunction. This class will address drug experimentation; social use of drugs; binge drinking; substance abuse and chemical dependency. Myths about Addiction and Treatment will also be addressed. Substance abuse affects the individual, the family, and the community.

Date: Tuesday, February 19, 2019
Time: 9:00am – 1:00pm
Location: Joni Collins

Infant Massage (B, D, F or W Rate)
Infant massage can assist caregivers. In this class you will learn about cues and positive caregiver-child interactions where they can focus on learning to listen, communicate and observe. The caregivers will learn about the history of touch and the benefits of nurturing touch. Caregivers will also learn "What are the benefits of Infant Massage" and also learn stroke techniques.

Date: Thursday, Feb 21, 2019
Time: 6:00pm – 9:00pm
Location: Claudia Hernandez

D-Rate Certification
This training is designed for the Department of Children and Family Services (DCFS) Resource Foster Care providers interested in caring for children in foster care who are assessed by the Department of MENTAL Health as D-Rate. The D-Rating is for children who exhibit severe and persistent emotional and behavioral problems in a family home setting.

Date: Tuesday, Feb 12, 2019
Thursday, Feb 14, 2019
Time: 9:00am – 5:00pm - SSB230
Location: Tawanna Smith

LGBTQ (B, D, F or W Rate)
LBGQT refers to the history of lesbian, gay, bisexual, and transgender subcultures around the world. Come learn about the rights and protections of LBGQT youths in Foster Care.

Date: Tuesday, February 19, 2019
Time: 6:00Pm – 9:00pm -SSB 230
Cheryl Gully

Children with Autism
The number of children who have Autism Spectrum Disorders (ASDs) appears to be growing each year. Many factors are likely responsible for their increase. This course will go over some of the factors that are responsible for ASDs increase.

Date: Thursday, Feb 21, 2019
Time: 9:00am – 1:00pm – SSB 230
Sandra Smith

Mental Illness
Trying to tell the difference between what expected behaviors are and what might be the signs of a mental illness isn't always easy. There's no easy test that can let someone know if there is mental illness or if actions and thoughts might be typical behaviors of a person or the result of a physical illness. Each illness has its own symptoms, but common signs of mental illness in adults and adolescents will be discussed in this class.

Date: Sat., Feb 23, 2019

8 Ways to Handle Anger without Hitting (B, D or W Rate)
Children learn to manage their anger in a safe and appropriate way through the friendly animated characters and examples set by other children. This class will discuss ways to help Kids get a better understanding of what anger is, how to recognize the physical and emotional changes causes by anger, and the effective strategies for handling their angry feeling.

Date: Tuesday, February 26, 2019
Time: 6:00pm –9:00pm - SSB 230
Location: Carmen Haley
Intervention and Prevention Techniques for Inappropriate Behaviors (B, D, F or W Rate)
Every child is different and what works for one child may not work for another. Participants will also learn that what works at one time for a particular child may not work at another time with the same child. Resource Parents will learn to vary suggested intervention depending upon whether the child is in your home for the short term or for the long term, whether you intend on adopting or not, and the age or stage of child. A child cannot experience what our children in foster care have suffered and what away unscathed.
Date: Tuesday, March 5, 2019
Time: 9:00am – 1:00pm
Jan Martin

Strengthen Family & Self: (B, D, F or W Rate)
In this class caregivers will learn to become more intentional in cultivating positive, meaningful relationships in your family and with others in the community who support and work with you.
Date: Tuesday, March 5, 2019
Time: 6:00pm – 9:00pm
Cheryl Gully

Documentation and Record Keeping
Caregivers will learn the importance on how to create and maintain effective records. Tools they can use to keep accurate records. This class will discuss techniques on how to record child behavior, family visits, and discipline.
Date: Thursday, March 7, 2019
Time: 9:00am – 1:00pm
Sandra Smith

Straight Talk about Sexting and Messaging (B, D and W Rate)
In this class students will learn that privacy is not possible on the Internet and once a nude photo or racy text is sent, it is likely to come back to haunt them. Students will also learn the downside of sexting, including possible charges of sending or receiving child pornography, being blackmailed by exes who threaten to release private photos, being labeled a sex offend experiencing severe depression about loss of control of their images, videos, and reputations.
Date: Thursday, March 7, 2019
Time: 6:00pm – 9:00pm
Andrea Major

Teaching Children Cultural Competence (B, D or W Rate)
Everyone creates culture, every person, every family, every age group. Culture is what any group of people understands without having to define or specify. It is a way of understanding and living in the world. Culture has long been thought of as a way of life of a group of people, and may also be seen in shared behavior, beliefs, attitudes and customs. Culture is always in flux, but is rooted in biological needs and the possible ways of satisfying them in a given environment. Another aspect is how gender roles are perceived and displayed. Resource Parents will learn the importance of teaching their children tolerance and empathy for cultures different from their own.
Date: Saturday, March 9, 2019
Time: 9:00am - 1:00pm
Carla Cavalier-Bowdoin

Understanding Children with Reactive Attachment Disorder (B, D, F or W Rate)
This course provide an overview of the basic emotional and behavioral symptoms related to children who are diagnosed with having Reactive Attachment Disorders, to include the cycle of attachment, and types of attachment patterns. To highlight implications for treatment of children with an Attachment Disorder and other issues related to symptom management.
Date: Tuesday, March 12, 2019
Time: 9:00am – 1:00pm
Joni Collins
Anger Pie (B, D, F or W Rate)
Understanding the Antecedents, Bias/Behaviors and Consequences of challenging anger behaviors can help parents anticipate, successfully handle, and diminish anger outbursts. Also discussed are the impacts of child maltreatment on behavior, early warning signs of anger, the consequences of anger, healthy anger, and when to seek professional help. At the end of this course, you will be able to:
- Identify the ABCs of anger outbursts
- Identify the antecedents and consequences of anger outbursts
- Understand how past experience influences bias
- Describe how bias influences behavior
Give examples of positive and negative consequences.
Date: Tuesday, March 12, 2019
Time: 6:00pm – 9:00pm-SSB230
Carmen Haley

Talking to Your Teen about Mental Health and Depression without saying “Mental or Depression” (B, D, F or W Rate)
Day to day ups and downs is a normal part of adolescence, making it difficult to distinguish between normal teenage moodiness and depression. Teens might not always be able to articulate with at they’re going through, and they might not want to talk about it to you, but starting the conversation will help to protect their mental well-being. This call will discuss some ideas on how to make that happen.
Date: Thursday, March 14, 2019
Time: 9:00 am - 1:00pm-SSB 230
Jan Martin

Children of Incarcerated Parents (B, D, F or W Rate)
Should Children be taken to visit incarcerated parents? This and many other questions will be discussed. Why might the biological parent not want the child to visit them? What can the caregiver do to help this situation be as positive as possible?
Date: Tuesday, March 19, 2019
Time: 9:00am –1:00pm-SSB230
Joni Collins

Gender Identification (B, D, F and W Rate)
This class will assist Resource Parents to better understand Gender and Sexual Identification within the community, how to communicate with youth, and to get a better understanding of the LGBTQ Community.
Date: Thursday, March 14, 2019
Time: 6:00pm – 9:00pm-SSB230
Claudia Hernandez

Safe Parenting (B, D, or W Rate)
The challenges of foster parenting can be overwhelming, and a highly stressed parent may lose sight of the safest way to proceed in solving behavior problems. In an effective support-group setting, this course offers insights and practical steps to looking after a child’s health, safety, security and best interest.
Date: Tuesday, March 19, 2019
Time: 6:00am – 9:00pm-SSB230
Cheryl Gully
Sex Education and Children Foster Care (B, D ow W Rate)
This class will discuss the importance of having an age appropriate conversation about sex, when to start, what to share, and how to provide ongoing support and resources.
Date: Thursday, March 21, 2019
Time: 9:00am – 1:00pm-SSB230
Sandra Smith

Sexual Abuse: It’s Not Your Fault (B, D, F or W Rate)
In this course participants will discuss and watch a video that discuss three real-life scenarios help elementary-aged viewers identify different types of sexually abusive behaviors, and provide concrete ways children can stop the abuse and stay safe.
Date: Thursday, March 21, 2019
Time: 6:00pm – 9:00pm
Location: Andrea Major

Teen Suicide (B, D, F and W Rate)
This class will discuss teen suicide and what it means to teens. We will also discuss the statistics, the risks, and the warning signs. Is my child at risk?
Date: Saturday, March 23, 2019
Time: 9:00am – 1:00pm-SSB230
Location: Carla Cavalier-Bowdoin

Behavioral Problems of Neglected Children (B, D, F or W Rate)
Child abuse and neglect have immediate and long-term consequences. In addition to negatively impacting the child, child abuse and neglect impacts the family, the school community, and even future generations. This class will assist caregivers with interventions designed to encourage children to experience the consequences of their actions in order to increase independence and self-discipline.
Date: Tuesday, March 26, 2019
Time: 9:00am – 1:00pm-SSB230
Jan Martin

Children with Disrupted Attachment – When a child had a poor attachment to their parent, it leads to all kinds of problems, because they have not learned how to regulate their emotions, they have not learned self-control; they have not learned self-reliance in a positive way. All these problems come out in every other relationship in their life. This class discusses the important role that attachment plays in the future social success of children.
Date: Tuesday, March 26, 2019
Time: 6:00pm – 9:00pm-SSB-230
Carmen Haley

The 5 Love Languages of Children (B, D, F or W Rate)
If our children’s love tanks are on empty, it will be hard for them to be or do their best, and they are more likely to get angry or act out. We can fill their love tanks more effectively when we focus on learning each of our children’s unique love language.
Date: Thursday, March 28, 2019
Time: 9:00pm – 1:00pm-SSB230
Sandra Smith

Dealing with Challenging Behaviors (B, D or W Rate)
Parents learn how to manage difficult behaviors by learning effective discipline techniques. Resources Parents will be able to address underlying issues motivating children’s behavior, explosive situations, setting limits and providing praise.
Date: Thursday, March 28, 2019
Time: 6:00pm – 9:00pm-SSB230
Andrea Major
### F-Rate Certification
The F-Rate certification is specialized training for caregivers (licensed foster parents relative caregivers, or non-relative legal guardians) to develop the skills necessary to effectively handle the unique challenges of caring for children with special medical needs such as severe asthma, traumatic brain injury, shaken baby syndrome, and prenatal alcohol or drug exposure.

**Date:** Tuesday, April 9, 2019
**Time:** 9:00am – 5:00pm

Tawanna Smith-Black

#### DCFS Behavior Management and Discipline (B, D, F and W Rate)
This class will discuss the stages of development and important milestones. During the workshop we will address behaviors at each stage, and how to manage challenging behaviors.

**Date:** Saturday, April 13, 2019
**Time:** 9:00am – 1:00pm

Carla Cavalier-Bowdoin

#### Trauma Responses in Children, (B, D, F, and W Rate)
In this class, caregivers will learn to identify behaviors and cues and how to support them. What is Traumatic stress and how this affects the infant/children and the impact of interpersonal trauma and ways to support infants and children.

**Date:** Thursday, April 11, 2019
**Time:** 6:00pm – 9:00pm

Claudia Hernandez

#### Separation Anxiety in Children (B, D, F or W Rate)
Separation anxiety is normal in very young children (those between 8 and 14 months old). Kids often go through a phase when they are clingy and afraid of unfamiliar people and places. When this fear occurs in a child over age 6 years, is excessive, and lasts longer than four weeks, the child may have separation anxiety disorder. This class will discuss the symptoms, the causes, and how Anxiety Disorder is Diagnose.

**Date:** Tuesday, April 16, 2019
**Time:** 9:00am – 1:00pm

Joni Collins

### Foster and Adoptive Care Situations (B, D, F or W Rate)
When children in out-of-home care cannot be safely reunited with their birth families, adoption is often the most desirable goal. Adoption provides the most stable, legally binding relationship for these children and their adoptive parents.

**Date:** Tuesday, April 9, 2019
**Time:** 6:00pm – 9:00pm

Jan Martin

### Fetal Alcohol Spectrum Disorder: Part 1 (B, D, F or W Rate)
When a woman drinks alcohol during pregnancy she can cause damage that will last a lifetime. Are there safe limits of alcohol during pregnancy? What types of damage can this cause? Don’t they outgrow this issue? Why can’t this kid just act normal? We use an experiment/activity to help caregivers understand the brain damage this causes.

**Date:** Tuesday, April 23, 2019
**Time:** 9:00am – 1:00pm

Joni Collins

### Nutrition: How to feed a “Fast Food” Child (B, D, F and W Rate)
This class will discuss how to incorporate healthy foods into your child’s diet when they might be used to only eating fast food.

**Date:** Tuesday, April 16, 2019
**Time:** 6:00pm – 9:00pm

Joni Collins

### The Walking Wounded _ Understanding Post-traumatic in Children (B, D, F or W Rate)
PTSD is an emotional and behavioral response to severe stress. Children with PTSD may not show all the symptoms that adults do. Their anxiety often surfaces in sleep problems and nightmares, and increased fears of monsters or animals. In this class parents will learn the best treatment options for PTSD.

**Date:** Thursday, April 18, 2019
**Time:** 9:00am – 1:00pm

Jan Martin
Joni Collins
Breaking the Cycle of Abuse (B, D, F and W Rate)
According to child behavior experts, one in three people abused as a child will also use physical force on her or his own children. A video is shown of 3 primary caregivers of one or more young children.
Date: Tuesday, April 23, 2019
Time: 6:00pm – 9:00pm-SSB230

Carmen Haley
Allegations (B, D, F and W Rate)
This Class will discuss the proper procedures to follow and what you can do to be prepared if there is an allegation filed against you.
Date: Thursday, April 25, 2019
Time: 9:00am – 1:00pm
Location: SSB Room 230

Jan Martin
Establishing Structure and Routines (B, D, F and W Rate)
This class will provide you with tools and tips on how to create effective routines for children. Structure and routines promote responsibility and self-efficiency.
Date: Tuesday, April 30, 2019
Time: 9:00am – 1:00pm-SSB230

Sandra Smith
Sleep Problems (B, D or W Rate)
It's bedtime, light out, Sweet dreams. Finally, it's time for the kids, and you to get a good night's sleep. Peace and quiet at last; right? Not quite. Not if nighttime is fright time. Night fears, nightmares, struggles, tears, some of the most difficult parenting happens at bedtime, just when you're tired and anxious to get some rest yourself. This class will discuss sleep problems caused by Sleeping Alone, Roaming, Night Terrors, and Depression.
Date: Tuesday, April 30, 2019
Time: 6:00pm –9:00pm-SSB230

Cheryl Gully
Building Self-Esteem in Children in out-of-home Care (B, D, F and W Rate)
How to help a child that has experienced abuse or neglect and has been removed from their home rebuild their self-esteem? This class will focus on how Resource Parents can help children and youth work on their self-esteem and self-confidence.
Date: Thursday, May 2, 2019
Time: 9:00am –1:00pm-SSB230

Sandra Smith
Single Parenting: The Family in Harmony (B, D, F and W Rate)
In this class single parents will learn how to prioritize the needs of their children while still maintaining their own health, interests, and activities. The class will all provides strategies for single parents to meet the varying needs and unique challenges of their children from birth to adolescence.
Date: Thursday, May 2, 2019
Time: 6:00pm – 9:00pm-SSB230
Andrea Major

Recognizing & Preventing Child Neglect (B, D, F & W Rate)
Neglect occurs when a child's physical, emotional, educational, and medical needs are not met. See what behaviors may lead to neglect, and learn what happens when parents and caregivers fail to provide for their children. In this class students will find out where to turn for help, and how to foster a healthy parent/child relationship.
Date: Saturday, May 4, 2019
Time: 9:00am – 1:00pm
Sharonda Barksdale

Introduction to AB12 (B, D ow W Rate)
ABC’ of AB12, What does AB12 mean to you? Why extend foster care? This class will discuss the extended foster care and the basic eligibility requirement.
Date: Tuesday, May 7, 2019
Time: 9:00am – 1:00pm-SSB230
Joni Collins

Foster/Transitional Youth Personal Rights (B, D, and W Rate)
This workshop will address the rights for resource parents, birth parents and foster children. Participants will be able to identify their rights and responsibilities at the end of the training; as well as understand what the rights are for foster children and their biological parents.
Date: Tuesday, May 7, 2019
Time: 6:00pm – 9:00pm-SSB230
Cheryl Gully

If you don’t see your worth, you’ll always choose people who don't see it either. When your self esteem rises, your life follows.
Mandy Hale
Prudent Parenting & Children’s Rights & Laws (B, D or W Rate)
This class will educate the resource parent on the rights of the children in their care and the rights of the caregivers. The class will also go over the prudent parent laws when caring for foster children.
Thursday, May 9, 2019
Time: 9:00am – 1:00pm
Sandra Smith

Behavior Management Using Supportive Control
Most children in foster or adoptive care have strong feeling and emotions as a result of prior abuse, neglect separations, and losses. They may experience conflicting emotions simultaneously. For example children might have angry feeling toward the people who abused them, but at the same time they miss, love, and want to be with those people. When children feel confused, they often display behaviors that are just as confusing to the adults who care for them. This course will give parents a list of responsibilities for using supportive control.
Date: Tuesday, May 14, 2019
Time: 9:00am – 1:00pm
Joni Collins

Reactive Attachment Disorder (RAD) (B, D, F and W Rate)
Children in foster care appear to be at increased risk for reactive attachment disorders due to early pathological care such as abuse and neglect. Since RAD is a relational, interpersonal disorder, the foster parents are the primary healing agent for the child.
Date: Tuesday, May 14, 2019
Time: 6:00pm - 9:00pm-SSB230
Cheryl Gully

Child Safety and Supervision (B, D, F and W Rate)
This course covers a set of effective foster care supervision tools that can be used in and away from home, Pre-placement awareness, Working as a childcare team member and safety plans for foster children. In depth, look at preparing the home to comply with basic foster care safety regulations and methods of organization. Meeting the children and discussing house rules with them. Ensuring the home is safe for the children. Observing the children and adjusting family routines and parenting techniques to meet the needs of foster children. Safety awareness for when foster children are away from home.
Date: Thursday, May 16, 2019
Time: 9:00pm – 1:00pm - SSB230
Jan Martin

The Active Parenting (B, D, F or W Rate)
How can you ensure that your teens develop the skills and character they need to survive and thrive as they gain independence? Discover your parenting style; dictator, doormat, or active; learn how mutual respect and giving choices reduces power struggles and promotes cooperation.
Date: Thursday, May 16, 2019
Time: 6:00pm – 9:00pm - SSB230
Claudia Hernandez

ADHD, ADD & ODD
Attention deficit hyperactivity disorder is a neurobehavioral disorder characterized by either significant difficulties of inattention or hyperactivity and impulsiveness or a combination of the two. Student with ADD have a greater likelihood of grade retention, school dropout, academic underachievement, and social and emotional adjustment difficulties. Oppositional Defiant Disorder is pattern of negativistic, defiant, disobedient, and hostile behavior toward authority figures that persists, for at least six months.
Date: Saturday, May 18, 2019
Time: 9:00am – 1:00pm-SSB230
Andrea Major

D-Rate Certification
This training is designed for the Department of Children and Family Services (DCFS) Resource Foster Care providers interested in caring for children in foster care who are assessed by the Department of MENTAL Health as D-Rate. The D-Rating is for children who exhibit severe and persistent emotional and behavioral problems in a family home setting.
Date: May 20 & May 22, 2019
Time: 9:00am – 5:00pm
Tawanna Smith

F-Rate Certification
The F-Rate certification is specialized training for caregivers (licensed foster parents relative caregivers, or non-relative legal guardians) to develop the skills necessary to effectively handle the unique challenges of caring for children with special medical needs.
Date: Tues/Thurs, May 21 & 23
Time: 9:00am – 5:00pm
Tawanna Smith
Substance Abused Infants (B, D, F or W Rate)
This workshop will address the issues and challenges faced by caregivers who care for substance exposed infants. The health and medical needs of infants who have been prenatally exposed to drugs can be overwhelming and serious. This workshop will address the medical, developmental issues, key parenting issues and working with professionals..

Date: Thursday, May 23, 2019
Time: 6:00pm – 9:00pm-SSB230
Claudia Hernandez

Adolescent Girls: Drama is Part of Their Life (B, D or F Rate)
This class discusses what motivates teen girls to act the way they do; impulsive, outrageous, or dramatic. Caregivers discuss how to deal with sensitive issues, build self-esteem, and communicate more effectively.

Date: Tuesday, May 28, 2019
Time: 6:00pm – 9:00pm
Location: Carmen Haley

Anger Outbursts (B, D or W Rate)
There is no simple solution to anger. When a child expresses anger, it's understandable that the parent would want to quell it in the fastest way possible, either by physical restraint or blunt punishment ("Go to the corner because I said so"). This type of discipline leaves the child's anger unresolved and teaches the child that it's OK to fight anger with more anger, instead of facing the problem in an adult manner. In this class students will learn different ways to identify problems and think about out-of-the-box solutions.

Date: Thursday, May 30, 2019
Time: 6:00pm – 9:00pm-SSB230
Andrea Major

Managing the Defiant Child (B, D, F or W Rate)
Childhood defiance is the most common compliant of parents seeking professional help for their children. Children can be defiant for different reasons, and this requires different interventions. This class will discuss the specific steps that can improve the parent-child relationship, why interactions with kids are two-way street, Effective incentive systems for motivating children and how parent training works for ODD.

Date: Saturday June 1, 2019
Time: 9:00pm – 1:00pm-SSB230
Carla Cavalier

D-Rate Certification
This training is designed for the Department of Children and Family Services (DCFS) Resource Foster Care providers interested in caring for children in foster care who are assessed by the Department of MENTAL Health as D-Rate. The D-Rating is for children who exhibit severe and persistent emotional and behavioral problems in a family home setting.

Date: Tuesday, June 4, 2019
Thursday, June 6, 2019
Time: 9:00am – 5:00pm
Tawanna Smith

F-Rate Certification
The F-Rate certification is specialized training for caregivers (licensed foster parents relative caregivers, or non-relative legal guardians) to develop the skills necessary to effectively handle the unique challenges of caring for children with special medical needs such as severe asthma, traumatic brain injury, shaken baby syndrome, and prenatal alcohol or drug exposure.

Date: Tuesday, June 11, 2019
Thursday, June 13, 2019
Time: 9:00am – 5:00pm
Tawanna Smith
Our comprehensive training topics include:

Specialized F-Rate Certification
(Medically fragile children in foster care)

D-Rate Certification
(Social, emotional, and/or behaviorally challenging children in foster care)

Want to become a Foster Parent?

Resource Family Approval

The RFA program is a Pre-Service training mandated by the Department of Children and Family Services for all prospective Resource (foster parents) and Adoptive parents in the County of Los Angeles. The length of the training is 20 hours. This training is co-facilitated by two professionals: an experienced Resource parent, and a Community College trainer. All participants must complete the orientation conducted by the Community Care Licensing (CCL) department for the State of California prior to enrolling in the RFA. To register for the Orientation training, please contact the Community College Foundation at: 213-640-3082 or www.communitycollege.org

Cougars Guardian Scholars/ Foster Care Counts

Los Angeles Southwest College Guardian Scholars program and Foster Care Counts work cohesively to provide current and former foster youth assistance in achieving their educational goals of completing an Associate Degree, Certificate or Transfer to a University.

Are You A Current or Former Foster Youth?

Do you need help with?

- Financial Aid
- Verification of status
- (Ward of Court Letter)
- Educational support (Books and school supplies)
- Transitional Housing Resources
- Job Skills Assistance
- Dress for Success Closet
- Food and Light Snack